

## Painting a Passion for Life

Through painting, I am interested in exploring connections between human, animal and natural worlds. The human face and flesh, animal eyes, skins, bones and feathers speak to me revealing life's wonder and mystery. Inspiration for the work comes from sources ranging from ancient wisdom traditions to modern Jungian psychology and contemporary physics; timeless philosophies suggesting the interconnectedness of all life, and reminding us of an instinctive orientation towards union where seeming opposites of matter and spirit, masculine and feminine, darkness and light exist in harmony. Working with archetypal images culled from nature, myth, art history and my own personal experiences and memories, a montage of colorful visual impressions emerges, forming new narratives celebrating life's complexity, diversity and unity; and also it's amazing beauty.

Study of the methods and materials of master painters informs my practice, working with rich oil pigments and using glazing to create a sense of depth or inter-dimensionality. Intuitive mark making, lines and patterns of color enter the picture, infusing energy. I usually begin a painting with an idea of what I want to express, but inevitably fresh aspects come into play - thoughts, associations, feelings and impressions - that make their way in. Through the paint, I explore these forces working both on, and beneath, the surface. There's a place I arrive where the paint is processing for me; things start to take shape and come into form that I had never anticipated. I go with this flow and am always surprised by how the process of painting, itself, seems to know more about what needs to be expressed than my own conscious intent. The resulting paintings are a personal expression of primal life force; a way of documenting and sharing my reverence for the natural world and its enduring spirit.